



## Trust one another

Engage in conflict around ideas

## Commit to decisions

Hold one another accountable

Focus on achieving collective results

# Increase cohesion on your team!

- Establish how your team performs on each behavior of The Five Behaviors of a Cohesive Team™ model
- Explore how each of the five behaviors currently lives on your team and identify which behaviors need to change

## The Five Behaviors of a Cohesive Team **TRUST**

Great teams -

- Trust one another on a fundamental and emotional level
- Are vulnerable with each other about their weaknesses. mistakes, and fears
- Can be completely open with one another, without filters

#### CONFLICT

Great teams -

- Are not afraid to engage in passionate dialogue around issues
- Do not hesitate to disagree with, challenge, and question one another to find the best answers

#### COMMITMENT

Great teams -

- Engage in conflict to ensure that nothing has been left unsaid
- Achieve buy-in around important decisions

### **ACCOUNTABILITY**

Great teams -

- Hold one another accountable for adhering to the team's commitments
- Don't rely only on the team leader for accountability; they go directly to their peers

#### **RESULTS**

Great teams -

- Set aside their individual needs and focus on what is best for the team
- Emphasize collective results that define team success

Let's chat on how The Five Behaviors of a Cohesive Team™ can help you and your organization!

Based on the best-selling book, The Five Dysfunctions of a Team, by Patrick Lencioni







